IT'S MY LIFE: A FRAMEWORK FOR YOUTH TRANSITIONING FROM FOSTER CARE TO SUCCESSFUL ADULTHOOD

THE FOLLOWING PRINCIPLES

A sense of hope, vision of the future, & sense of selfdetermination is critical to youth success. Youth need structured & supportive opportunities to acquire knowledge & skills that are supported by family, professionals, & community.

Rather than selfsufficiency, the true goal is to achieve interdependence—the ability to meet one's needs within the context of relationships with family & community.

Preparation for transition should begin at an early & developmentally appropriate age.

needs

Youth who experience life in the child welfare system have the strengths & power to overcome their challenges with resources & support from caring adults.



community

SERVE AS A GUIDE TO

A LOCAL CROSS-SYSTEM NETWORK OR TEAM OF YOUTH, YOUNG ADULTS, CAREGIVERS, & PROFESSIONALS

WHO DELIVER & FACILITATE SERVICES IN THESE DOMAINS Supportive Relationships Physical and Identity and Life Skills Education Employment Housing Mental Health Formation Community Connections THAT ARE Flexible & Multi-Culturally Outcome community-Strength-based Youth-centered Integrated oriented disciplined sensitive based AND THAT RESULT IN Healthy sense Close, positive Access to Employment of cultural & relationship critical physical that provides Improved life Educational Safe & stable personal with an adult and mental skills achievement income living condition & connection sufficient to health services identity to a cover basic